



Support and services for dementia literacy: Experiences and practices of three racially minoritized communities in Hong Kong



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Introduction

We explored how three racially minoritized groups in Hong Kong engage with the health system to garner support and services to address gaps in their dementia literacy.



Methods

- ❖ Qualitative research: 8 focus group discussions, and 2 individual interviews.
- ❖ 38 participants from Nepal, India and Pakistan were included.
- ❖ Thematic analysis was used in analysis.

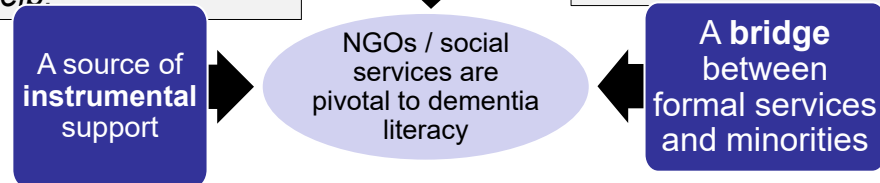
Key findings

- ❖ Dementia literacy is embedded in personal, interpersonal, and organizational conditions.
- ❖ Significant reliance on social networks to understand dementia and its management
- ❖ Non-governmental organizations (NGOs) provided instrumental and informational support

"NGOs can help us. They invite us and discuss about different topics. For instance, now there is a virus, and they are telling us about it and reminding us to wear masks. Similarly, NGOs can help us in this matter."

"There is the language problem, but there are social workers whom we can call and ask for help."

"I think we can seek help from the centres made for ethnic minorities. They will guide us where to go."



Key Findings

- ❖ NGOs served as a bridge between formal [western medicine] services and minoritized groups in dementia management.
- ❖ Professional services were mainly used for curative purposes

Conclusions

- ❖ Dementia literacy is tied to a labyrinth of formal and informal networks due to variations in knowledge & perceptions.
- ❖ NGOs are vital in promoting dementia literacy in cosmopolitan areas.
- ❖ Culturally sensitive collaborative efforts can expand dementia knowledge and management for these groups.

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